

USD 232 SPED Connections

January 2023

Returning to School

How to get your student ready for school after a break?

Transitions are difficult for some and preparation is key to a successful transition back to school after a long break.

Ideas to help prepare your student with returning to school:

1. Begin talking about school or friends/teachers at school
2. Try to maintain a schedule
3. Begin setting a bed time 2-3 days before
4. Many more suggestions in the articles ➤



PARENTS

TEACHERS

💡 Did you know?

Students lose mastered skills when not utilized consistently. Holiday breaks and long weekends can show a need for skill recoupment. Teachers reintroduce skills after breaks to check on loss of skills. Skill recoupment is incorporated into the first couple weeks back.

📅 SPED Events

- USD 232 Planning Successful Transitions for Special Education - Feb. 28
- Adaptive Recreation Royal Ball at Shawnee Civic Center - Feb. 3
- Sensory Mondays at the Johnson County Museum
- Shawnee Parks & Rec Adaptive Recreation Activities

➤ Complete details for Special Events for SPED

✅ Parent Tips

Incidental teaching can happen during breaks. Everyday activities can be turned into a lesson. Students enjoy working side by side with parents or family members. Think of those times you can incorporate work skills into everyday activities (i.e. read survival signs as you travel, have student write down street names for writing practice, help with baking—read recipe, use measuring tools, etc.).

Awareness Highlight

World Braille Day January 4, 2023

January 4th is the birthdate of Louis Braille, the inventor of Braille. He became blind after a childhood accident. When he was just 15 years old, he created the system we know today as braille, based on a system of writing developed by Charles Barbier.

World Braille Day is a reminder of the importance of accessibility and independence for those who are blind or visually-impaired. Braille literacy is also an important factor in equal opportunities for people with blindness. Today, you'll find braille on objects you use every day—signs, ATMs, elevators, calculators, and more. Rubix cubes, watches, legos, and other innovations are constantly changing the way that Braille is used.

➤ Learn more about World Braille Day

Visit www.usd232.org/SPED